

New Illustrated Book Continues the Saga of Two Girls, Best Friends from Different Cultures

Author Richard L. Bowman delights young children with his second book 'Frances and Millie Play in the Snow'

HARRISONBURG, Va. – In his second children’s book about Frances and Millie, Richard L. Bowman places them at a sleep-over with an overnight snowstorm giving the two girls a fun venue in which to play together.

Published by WestBow Press in November 2022, “Frances and Millie Play in the Snow” is an illustrated children’s book designed to introduce young readers to natural ways to cross the diverse cultural boundary. The two girls have fun while also learning about and understanding each other’s culture.

Bowman places his two young friends, one from Kenya and the other from the United States, in a sleep-over one night. The girls wake up in the morning and discover there was a snowstorm overnight. They eat breakfast and talk about what breakfast is like in each country. Then out into the snow they go. They cope with a large snowball rolling off the snowman they are making. And two children playing together will have some tensions to work at creatively, sometimes with adult help. Children naturally enjoy playing, living, and learning cross-culturally when families and society allow them that freedom. Young school-age children will enjoy Bowman’s story and cartoon-like illustrations.

“Frances and Millie Play in the Snow” by Richard L. Bowman

8.5 x 8.5 in | 32 pages

Available in soft-cover and e-book formats

from Amazon, Barnes & Noble, WestBow Press, and at local bookstores.

About the Author

Richard L. Bowman and his wife, Elsie, have been married for 51 years. They have four adult children; each is married and with their own children. Their 10 grandchildren range in age from kindergarten to college. Bowman is a retired college physics professor and an ordained Christian minister. He holds a bachelor’s degree in physics and mathematics respectively, from Eastern Mennonite University; a master’s degree in physics from Kent State University; and a PhD in molecular biophysics from Oregon State University. Beyond this formal training, Bowman has been involved in education and writing for most of his life. Until retiring in 2012, he taught college students physics (with some chemistry and computer science thrown in) for 33-plus years. After retirement, he taught chemistry and physics to high school students in English in Albania for two-and-a-half years (February 2014 through August 2016). During these years, he has given many physics and chemistry “shows” in elementary schools.

In addition to writing, he is also a semi-professional photographer and artist with 2500 photos and illustrations accepted for sale on the www.Shutterstock.com website. He also illustrates and authors a cartoon called “Little Rich’s Questions” that he publishes six or more times a year online. In addition to numerous academic articles and Christian faith articles, Bowman has published three other books: “Living Prayer: A Bible Study Calling for Action,” “Little Rich’s Questions: Humor to Help Our Faith Stay Healthy,” and a doctoral dissertation interpreting circular dichroism spectra of some amino acid molecules. Visit www.RichardLBowman.com for more details about his works.

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After both girls came upstairs, Millie started asking questions.

"OK, Mom. Can we eat cereal this morning? We can do that faster than waiting for you to fry eggs or to cook oatmeal."

Millie's mother chuckled. "Yes, the boxes of cereal are here. Show Frances what kinds we have."

As they ate breakfast, Millie asked, "So, Frances, what do you eat for breakfast in Kenya?"

"Oh, we have cereal like this, but some of the names are different. At least that is how it is in Nairobi where my family lives. We also have eggs sometimes."

Millie wanted to know more. "How about in the villages? Do they eat anything for breakfast that I don't know about?"



And so, the fun work began. They all laughed as they finished rolling the first big snowball for the snowman's bottom part.

Millie asked Frances after they had rolled another ball, "We did a good job on this one, too, didn't we?"

"Dad, can you help us to lift this ball. It is too heavy for us."

But after they put it on top of the bottom, one, it did not look like it was going to stay there.

"Watch out! It's going to roll off!" Frances shouted.

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